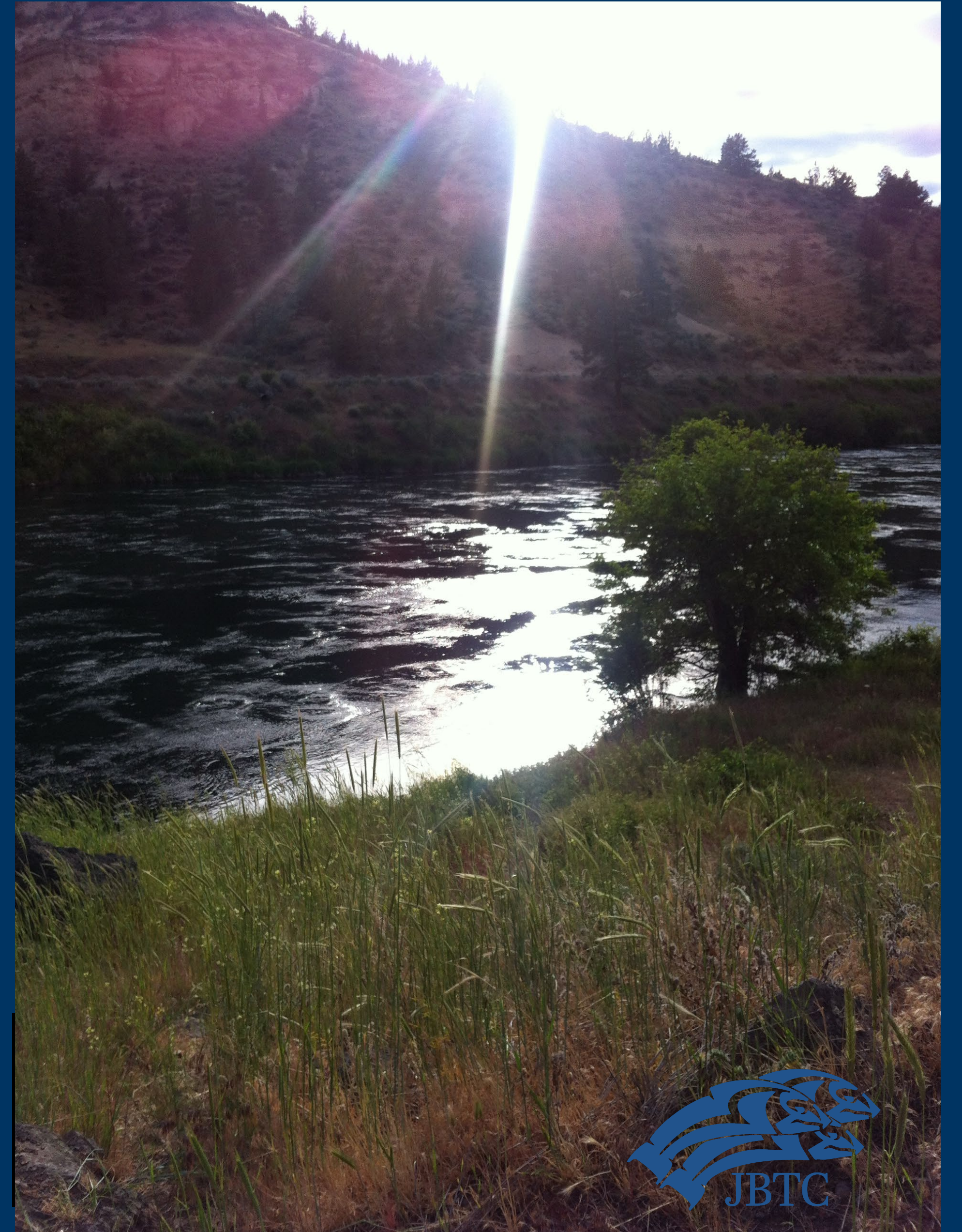


# AFTER SCHOOL NATIVE MENTOR PROGRAM



# PURPOSE

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The Afterschool Native Mentor(s) (ASNM) program was developed to empower, engage, and heal Native/Tribal youth while involving them in their culture and practices.

\*\*High School youth facilitate middle school youth.



# OBJECTIVE

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- \* Define and understand the purpose of Peer-to-Peer Mentoring
- \* Increase knowledge of a holistic framework enhanced by the “GONA” 4 themes
- \* Increase knowledge on building capacity as a afterschool program



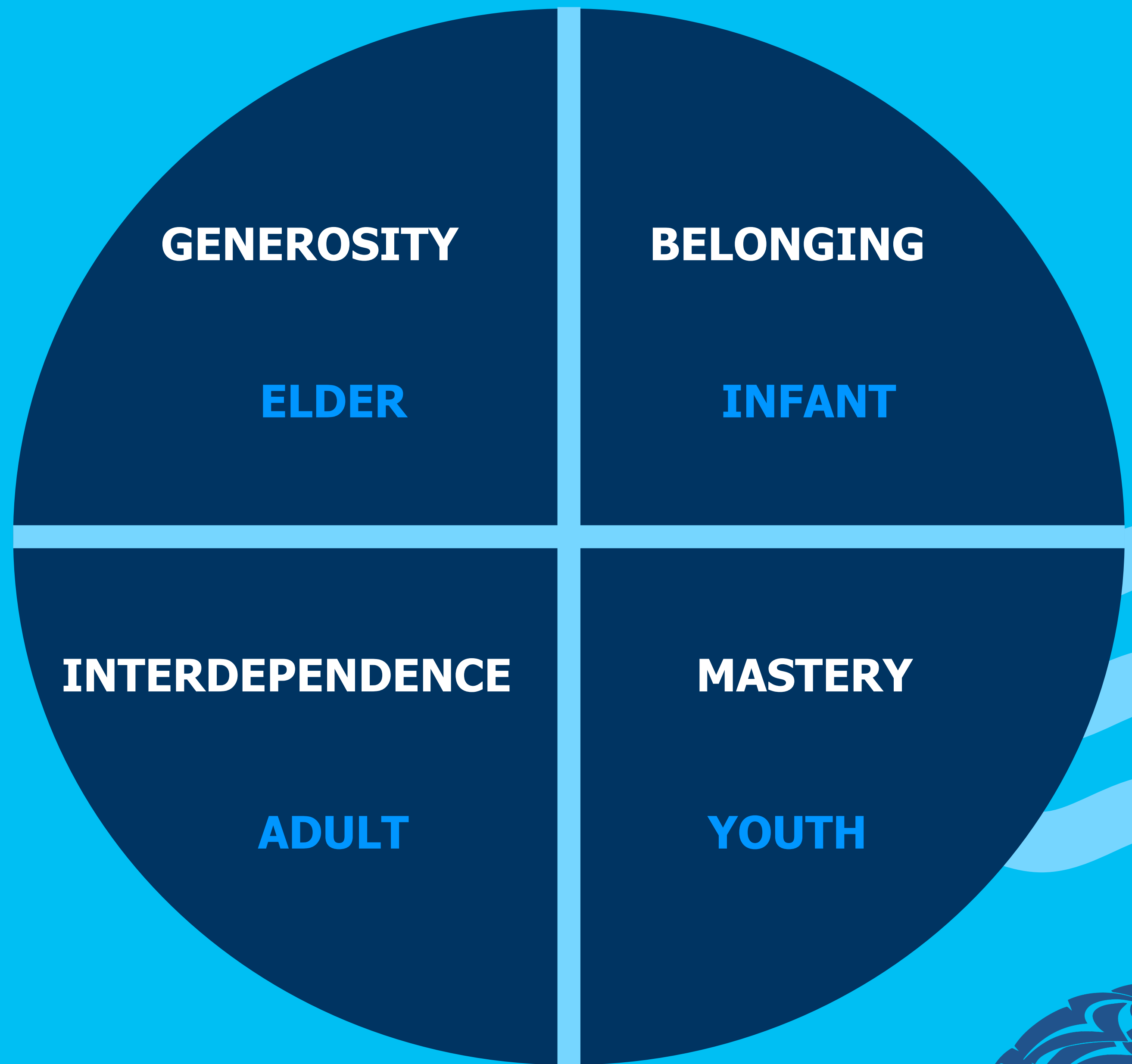
# ASYMP

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- \* Utilize GONA themes within 4 modules: Belonging, Mastery, Inter-dependence & Generosity
- \* Lead in peer to peer mentoring
- \* Develop life skills, i.e., cultural leadership, facilitation skills, coping skills, relationship skills, cultural values etc.
- \* Sense of belonging, resilience and identity



4 MODULES



# PHOENIX INDIAN CENTER

ESTABLISHED 1947



# GONA

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A GONA is a culture-based planning process where community members gather to address community-identified issues, in the case of *Indigenous peoples* the issues of trauma. It uses an interactive approach that empowers and supports tribes, nations, villages, and pueblos. The GONA approach reflects AI/AN cultural values, traditions, and spiritual practices.



# FOUR THEMES

**Belonging** - ensures that everyone feels welcomed in an inclusive, open, safe, and trusting environment

**Mastery** - allows participants to take stock of how historical trauma impacts their communities and what fosters their resilience and holds them together

**Interdependence** - initiates the planning process to assess resources and relationships, and to experience and strengthen interconnectedness

**Generosity** - exercise of creating gifts to share with other participants symbolizing each participant's larger gift to their families and communities in helping to address and prevent mental and substance use disorders, prevent suicide, and promote mental health. Gathering of Native Americans (GONA) is a program that cohesively brings a community together to learn and strengthen skills while building self-esteem through the importance of cultural healing.



# FRAMEWORK

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- Homework
- Story – traditional, personal or digital
- Mini-teach on theme
- Experiential Activity
- Reflection/Processing (Belmont Process)

\*\*Curriculum utilized over the school year; however, has been used during summer programming.



# ANCHORS

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Affirmation Wall  
Gift Making  
Sacred Space  
Circle





**JBTC**

**Training Available Upon Request  
Jeri Brunoe Training & Consulting**

**[jeri@jeribrunoe.com](mailto:jeri@jeribrunoe.com)**

**(818)731-6636**

**ASNMP**



JOY

APPRECIATION

EMPOWERED

FREEDOM

LOVE

ENTHUSIASM

PASSION

POSITIVE

EAGER

HAPPINESS

ANY  
QUESTIONS?

BELIEF

HOPEFULNESS

OPTIMISM

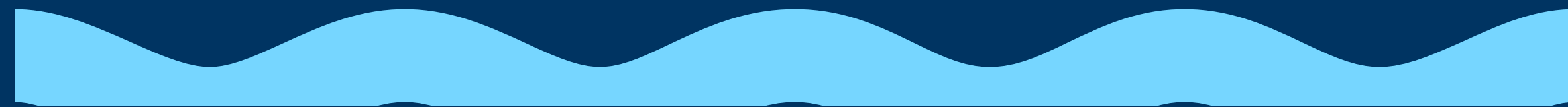
CONTENTMENT





# Table

## Discussion



# R e s o u r c e s

- Gathering Of Native Americans Curriculum - <https://www.samhsa.gov/sites/default/files/gona-goan-curriculum-facilitator-guide.pdf>
- Gathering of Native Americans (GONA): Substance Abuse Prevention Curriculum - <https://www.ojp.gov/ncjrs/virtual-library/abstracts/gathering-native-americans-gona-substance-abuse-prevention>
- Native American Mentoring <https://www.bbbs.org/native-american/>
- Mentoring - <https://www.mentoring.org/resource/supporting-and-inspiring-native-youth/>



CLOSING

IN A GOOD  
WAY!



APPRECIATION!