



# Topic 2 – What is a JHWC?

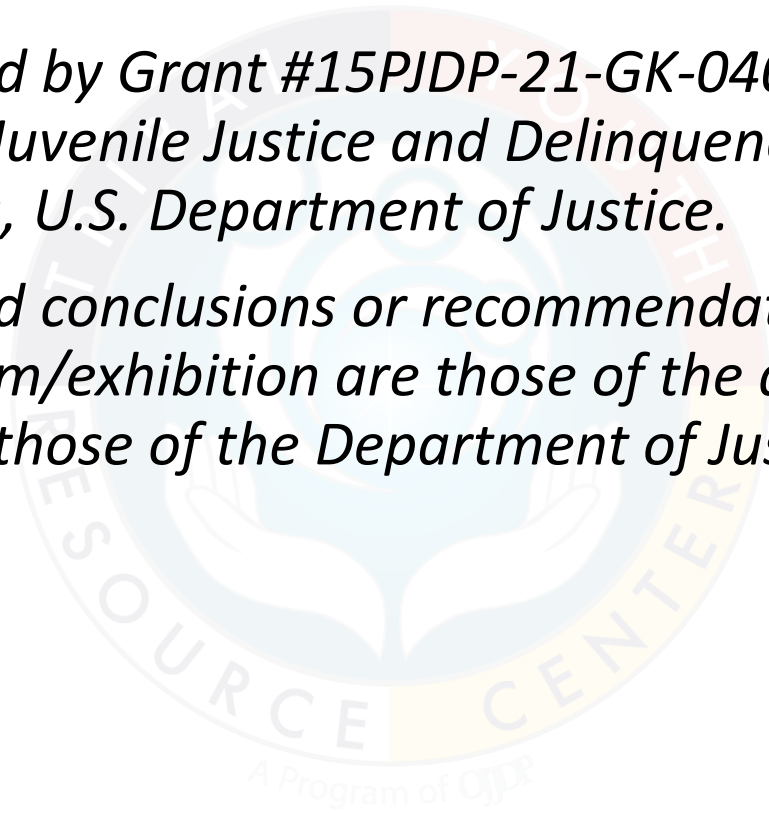
## Goals & Key Components



**Tribal Youth Resource Center**  
[www.TribalYouth.org](http://www.TribalYouth.org)

# ▶ BEFORE WE GET STARTED...

- *This project was supported by Grant #15PJDP-21-GK-04048-MUMU awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice.*
- *The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect those of the Department of Justice.*



# ▶ LEARNING OBJECTIVES

1. Explore the potential long-term goals of a Juvenile Healing to Wellness Court (JHWC or JHW Court)
2. The Tribal Ten Key Components are guidelines for the design and functions of a JHW Court Docket
3. A subset of these Key Components also guides the design and functions of a Juvenile Healing to Wellness Program (JHW Program)
4. The Key Components bring together the Tribal Court, treatment providers, and other Tribal departments and programs to work together to help youth and their families who experience substance use or abuse
5. The Key Components provide for the integration of Tribal/Native Culture
6. In your CTAS Purpose Area 8 Narratives, you proposed to undertake objectives and tasks that build out the Key Components

# ▶ Breakout Exercise

## Instructions:

1. Rooms will be randomly assigned
2. There will be a facilitator to guide conversations
3. Turn on your camera if you can
4. Take space, make space – everyone having the opportunity to share
5. Every idea is valuable- no wrong thoughts

*We need everyone's wisdom for the greatest results*

# ▶ BREAKOUT EXERCISE- WHAT IS A JHWC?

## CONSIDER THESE POTENTIAL LONG-TERM GOALS FOR YOUR JHW COURT:

- Goal 1: increase the number of Tribal youth who remain alcohol and drug-free.
- Goal 2: reduce the number of alcohol and/or drug-involved Tribal youth in the state and tribal juvenile and criminal justice systems.
- Goal 3: increase the number of Tribal youth graduating from high-school or receiving GEDs.
- Goal 4: increase the number of Tribal youth living in stable living conditions.
- Goal 5: increase the number of Tribal youth engaged in alcohol and/or drug-free pro-social activity, including cultural activities.
- Goal 6: increase the number of Tribal youth participating in job training or employed.
- Goal 7: increase Tribal youth and family functioning.

# ▶ USING OJJDP PERFORMANCE MEASURES TO TRACK PROGRESS WITH YOUR LONG-TERM GOALS

Twice a year, OJJDP will ask you to report on “Performance Measures” for Tribal Healing to Wellness Courts, and to collect and report on data using the following specific measures (OJJDP calls them “Output Measures”):

- Some measures are mandatory and some you select from a list
- Use the following link to obtain the “Performance Measures Grid” and to see the specific measure, definitions, and the types of data that you are required to (or may select to) report:
  - [Link to OJJDP Tribal Healing to Wellness Courts Performance Measures Grid](#)


# ▶ USING OJJDP PERFORMANCE MEASURES TO TRACK PROGRESS WITH YOUR LONG-TERM GOALS (CONT.)

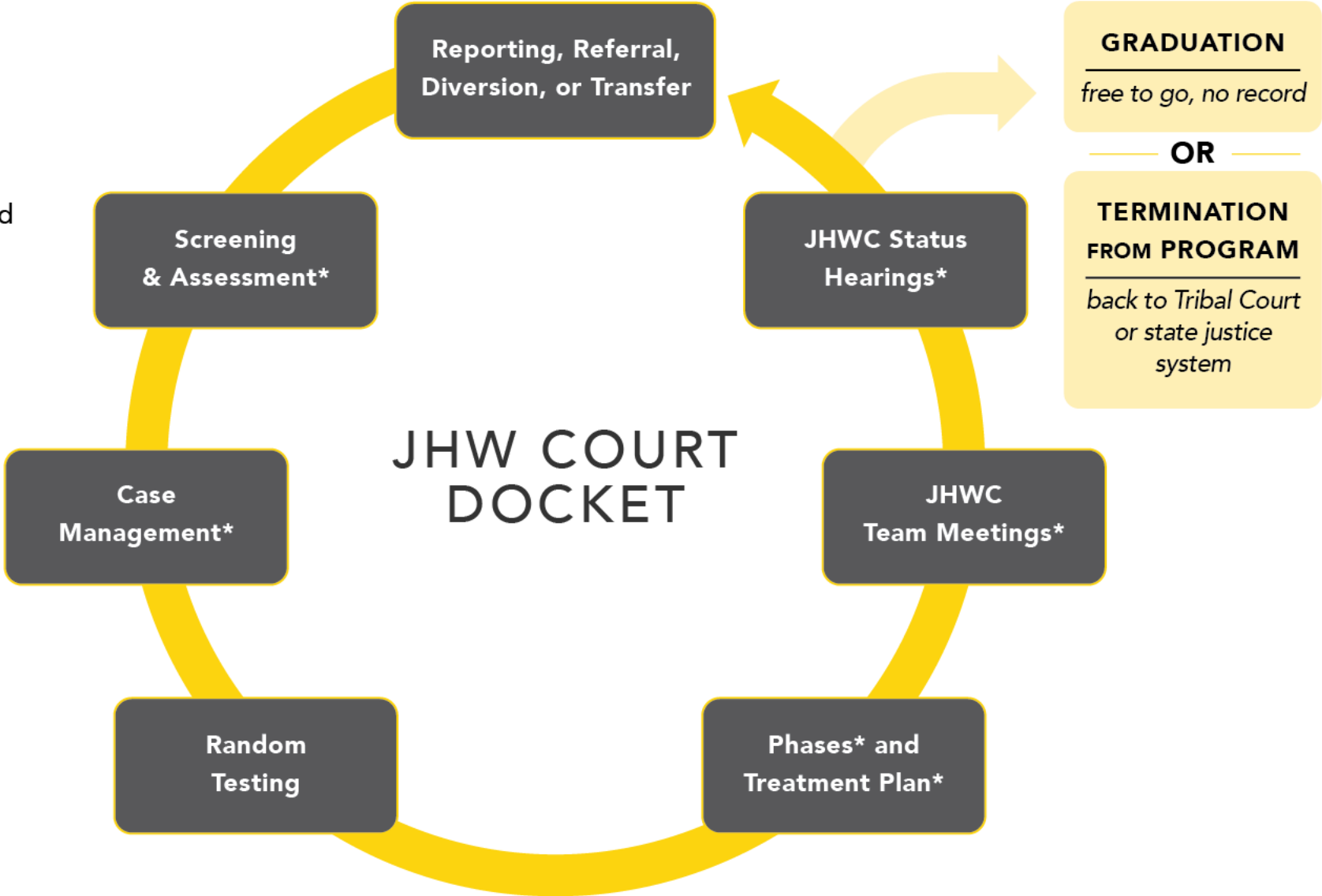
There are three categories of Performance Measures:

- The following are examples of some “mandatory” measures:
  - **Planning Period Performance Measures**
    - *Were planning activities conducted for this award during the reporting period? Yes or No*
    - *Identify if any OJJDP-funded tribal meetings were attended during the reporting period*
    - *Number of partnerships developed during the reporting period*
    - *Identify the planning documents that were developed during the reporting period*
    - *Number of people trained during the reporting period*
  - **Program-Related Performance Measures**
    - *Example: Number of program youth served during the reporting period*
  - **Target Behavior Performance Measures**
    - *Example: Substance Use (short term)*
      - (The number and percent of program youth who have exhibited a decrease in substance use during the reporting period)



# KEY COMPONENTS OF A JUVENILE HEALING TO WELLNESS COURT DOCKET

 Culture is integrated at each step with an asterisk.





# ▶ INTEGRATION OF CULTURE

- Restorative Practices
- Elders and Mentors
- Tribal History
- Tribal and Cultural Education
- Tribal and Cultural Activities and Skills Building
- Workshops on Historical and Intergenerational Trauma
- Native Support Groups
- Culturally Adapted Evidence-based Practices and Treatment (counseling, groups, and workbooks)



# KEY COMPONENTS OF A JUVENILE HEALING TO WELLNESS PROGRAM



# ▶ THE TRIBAL KEY COMPONENTS (1-3)

## Key Component #1 – Individual and Community Healing Focus

- Tribal Healing to Wellness Court (HTWC) brings together alcohol and drug treatment, community healing resources, and the tribal justice process by using a team approach to achieve the physical and spiritual healing of the individual participant, and to promote Native nation building and the well-being of the community

Intergovernmental Agreement

## Key Component #2 – Referral Points and Legal Process

- Participants enter HTWC through various referral points and legal processes that promote tribal sovereignty and the participant's due (fair) process rights

Develop JHWC Policies & Procedures Manual & Participant Handbook

## Key Component #3 – Screening and Eligibility

- Eligible court-involved substance-abusing parents, guardians, juveniles and adults are identified early through legal and clinical screening for eligibility and are promptly placed into the HTWC

# ▶ THE TRIBAL KEY COMPONENTS (4)

## Key Component #4 – Treatment and Rehabilitation

- HTWC provides access to holistic, structured, and phased alcohol and drug abuse treatment and rehabilitation services that incorporate culture and tradition

### Phases:

1. To Treat Substance Use [Disorder]
2. To treat Mental Health Disorder
3. Including culturally-adapted EBTs & EBPs in counseling groups, & workbooks
4. To incorporate: Restorative practices, Elders & Mentors, Tribal History, Cultural Education, Cultural Activities & Skills Building, Workshops on Intergenerational Trauma, Native Support Groups, e.g., Red Road, Wellbriety, White Bison, etc.

Determine available substance use disorder & mental health disorder treatment resources

Identify other Services Providers

Identify other Enrichment Activities for Youth

# ▶ THE TRIBAL KEY COMPONENTS (5-6)

## Key Component #5 – Intensive Supervision

- HTWC participants are monitored through intensive supervision that includes frequent and random testing for alcohol and drug use, while participants and their families benefit from effective team-based case management

## Key Component #6 – Incentives and Sanctions

- Progressive rewards (or incentives) and consequences (or sanctions) are used to encourage participant compliance with the HTWC requirements

Develop Alcohol &  
Drug Testing  
Protocol

Determine Case  
Management Approach  
(Including goal setting;  
individualized incentives,  
& accountability to goals)  
(consider a point-based  
Reward & Compliance  
Grid)

Judicial Supervision

# ▶ THE TRIBAL KEY COMPONENTS (7-8)

## Key Component #7 – Judicial Interaction

- Ongoing involvement of a HTWC judge with the Tribal Wellness Court team and staffing, and ongoing Tribal Wellness Court judge interaction with each participant are essential

## Key Component #8 – Monitoring and Evaluation

- Process measurement, performance measurement, and evaluation are tools used to monitor and evaluate the achievement of program goals, identify needed improvements to the HTWC and to the tribal court process, determine participant progress, and provide information to governing bodies, interested community groups, and funding sources

Judicial Supervision

Build Systems to Monitor Progress

Make a Plan for Program Evaluation

# ▶ THE TRIBAL KEY COMPONENTS (9-10)

## Key Component #9 – Continuing Interdisciplinary and Community Education

- Continuing interdisciplinary and community education promote effective HTWC planning, implementation, and operation

## Key Component #10 – Team Interaction

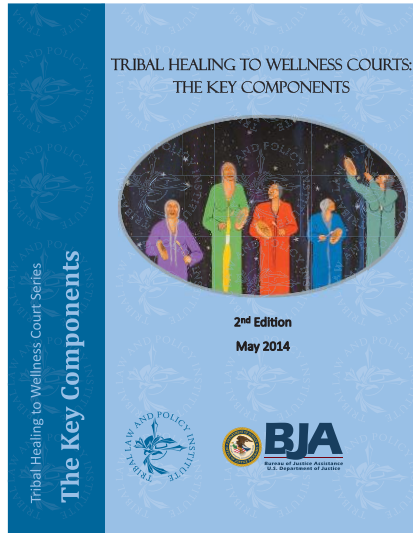
- The development and maintenance of ongoing commitments, communication, coordination, and cooperation among HTWC team members, service providers and payers, the community and relevant organizations, including the use of formal written procedures and agreements, are critical for Tribal Wellness Court success

Determine available substance use disorder & mental health treatment resources

Identify other Service Providers

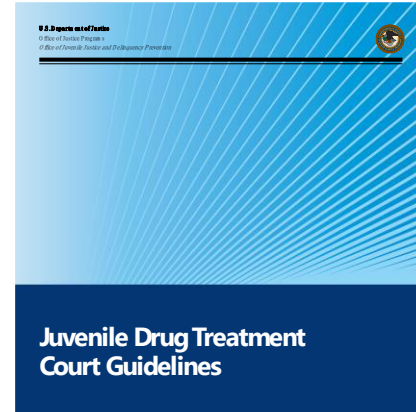
Develop JHWC Policies & Procedures Manual & Participant Handbook

# JHWC KEY COMPONENTS, GUIDELINES, & RESOURCES



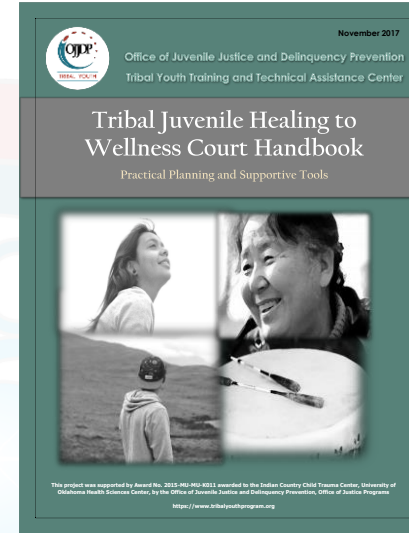
The Tribal Healing to Wellness Court Key Components

Available at:  
<https://www.home.tpi.org/tribal-healing-to-wellness-courts>



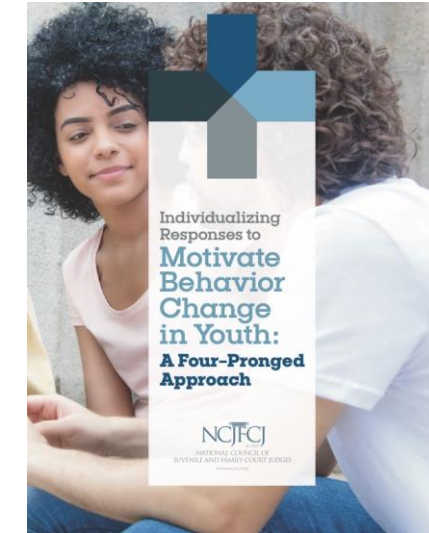
The Juvenile Drug Treatment Court Guidelines

Available at:  
<https://ojjdp.ojp.gov/programs/juvenile-drug-treatment-court-guidelines>



This is a Tribal JHWC resource which references the Key Components & the Juvenile Guidelines

Available at:  
<https://ojjdp.ojp.gov/library/publications/tribal-juvenile-healing-wellness-handbook-practical-planning-and-supportive>



This resource includes approaches to motivating behavior change in adolescents in Juvenile Drug Courts (how to apply incentives and sanctions)

Available at:  
<https://www.ncjfcj.org/publications/individualizing-responses-to-motivate-behavior-change-in-youth-a-four-pronged-approach/>





# ► Evaluation Polling Questions- 5 Minutes

- Questions are based on topic content just presented
- Polling provides overall opinion for improvement
- Polling is anonymous



# ▶ LUNCH BREAK- 1 hour

1. Eat healthy foods
2. Drink plenty of water
3. Go for a walk
4. Stretch
5. Checklist of healthy boundaries

