



**AFFECTING CHANGE IN
OUR JUVENILE JUSTICE
SYSTEM BY
DECOLONIZING MENTAL
HEALTH SERVICES AND
INTEGRATING
INDIGENOUS WAYS OF
BEING**

OPENING IN A GOOD WAY



BEFORE WE GET STARTED...

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WHO BROUGHT YOU TO THIS WORK

ACTIVITY: PLEASE TAKE
5 MINUTES TO FIND A
PICTURE OF WHO YOU
DO THIS WORK FOR...



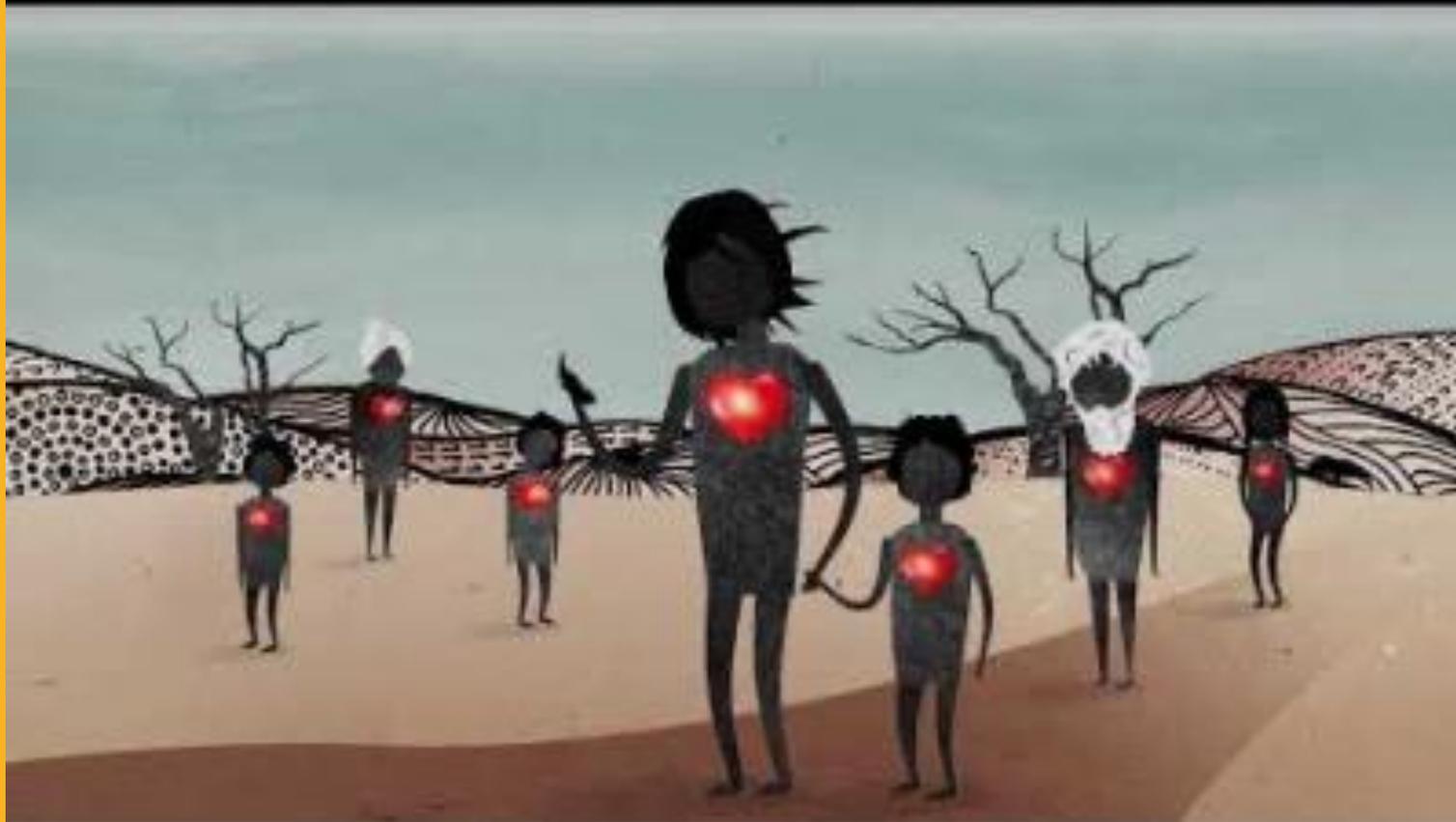
LEARNING OBJECTIVES

Gain an understanding of how lack of mental health services and service integration leads to more of our youth in the juvenile justice system

Gain an understanding on how culturally responsive services and service integration will keep our youth out of the juvenile justice system

MENTAL HEALTH SERVICE DISPARITIES

- 21% of AI/AN 18+ reported mental illness in the past year
- AI/AN children and Adolescents have the highest rates of major depressive episodes and rate of depression
- Suicide was second leading cause of death for ages 10-34
- Co-occurring mental illness and substance use 3x times the national average
- However, Mental Health Service Utilization is low:
 - **Do you agree with that assumption?**
 - **Why is that?**
 - **What are some reasons in your communities?**



CONNECTION TO THE JUSTICE SYSTEM

The rate of any mental illness amongst Jail populations is 36%

Intergenerational Trauma is at the root for Indigenous people

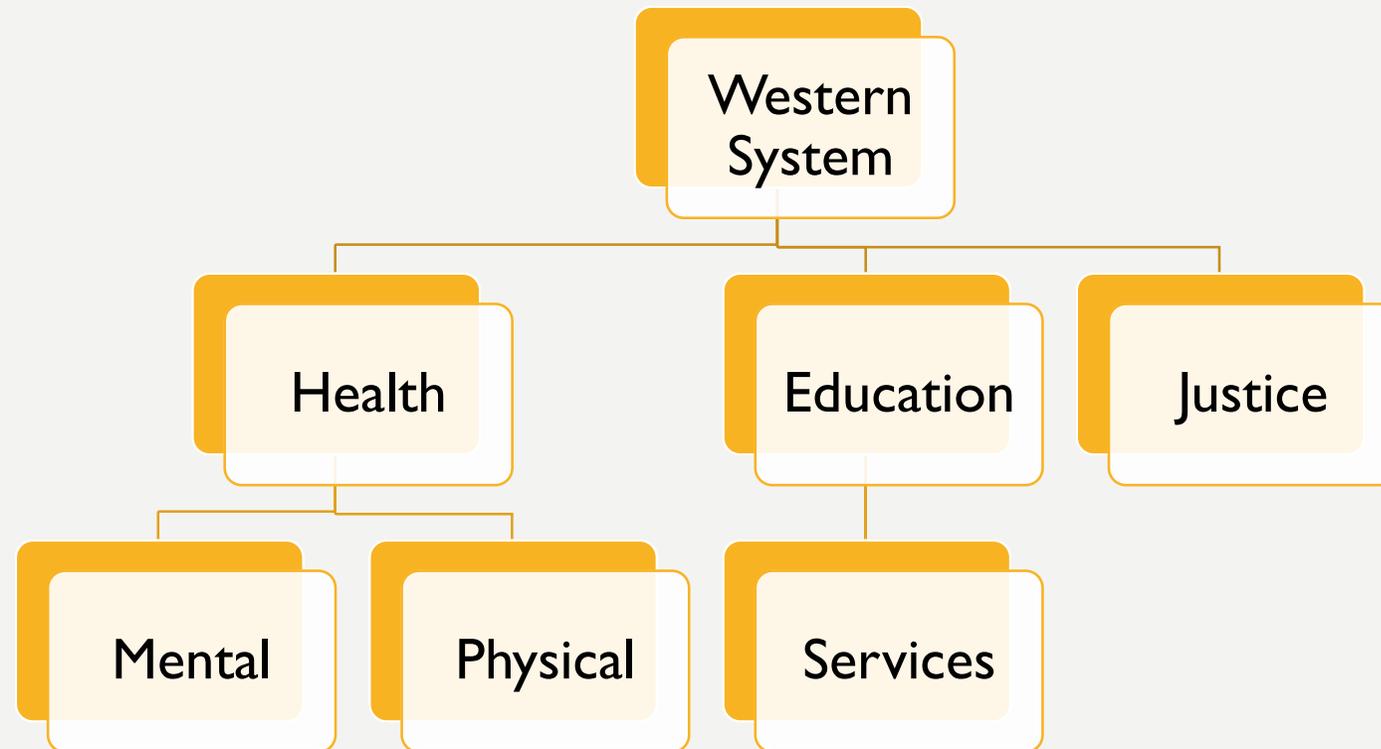
Responses to this Trauma leads to incarceration

CULTURE HEALS

- **Protective Factors**
 - Family
 - Culture
 - Ceremony
 - Elders

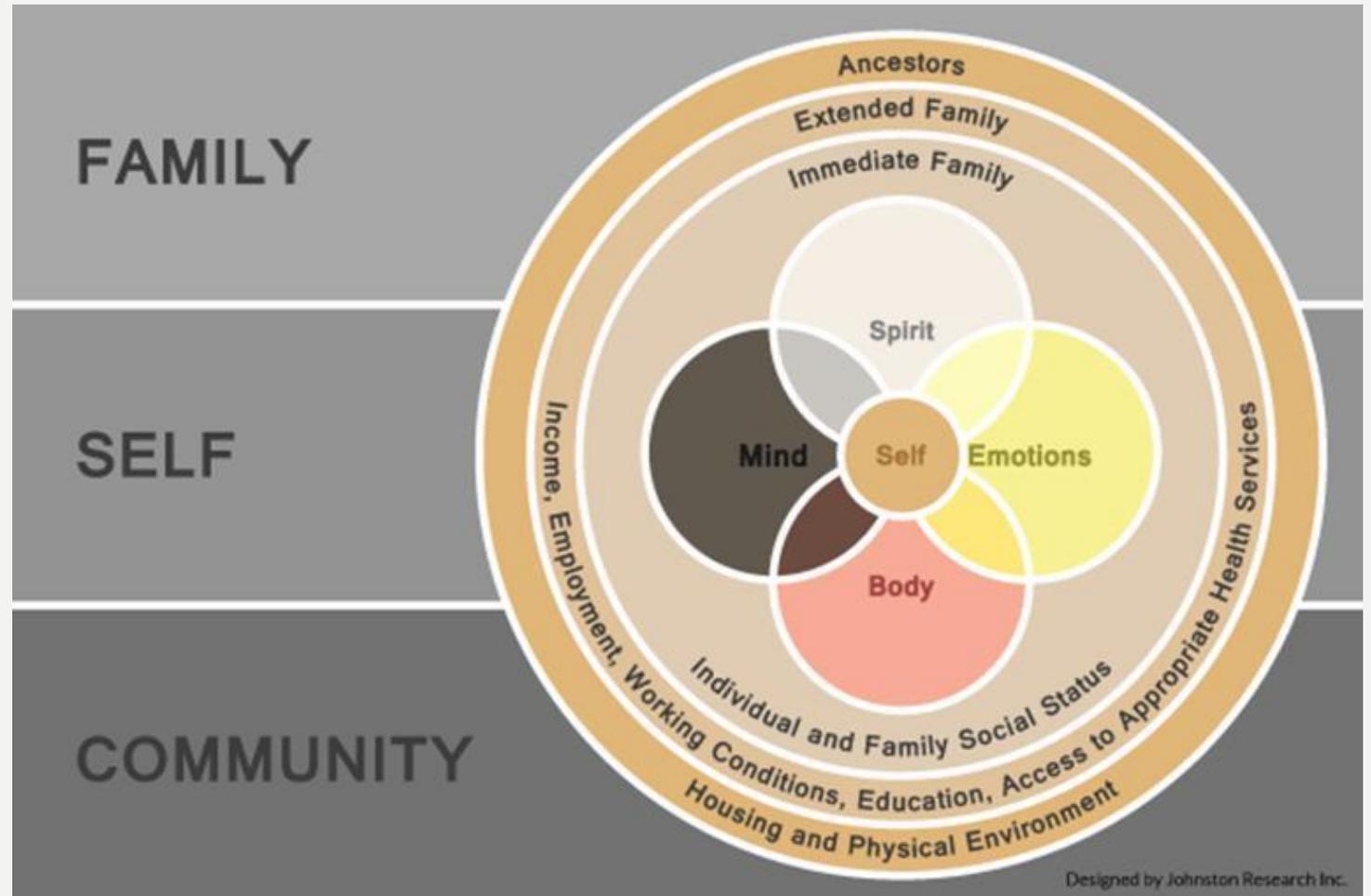


HOW CAN CULTURE HEAL THROUGH A DIVIDED SYSTEM?



INTEGRATION IS INDIGENOUS

- Mental Health issues do not operate on their own
- Everything is interconnected
- Systems should be integrated



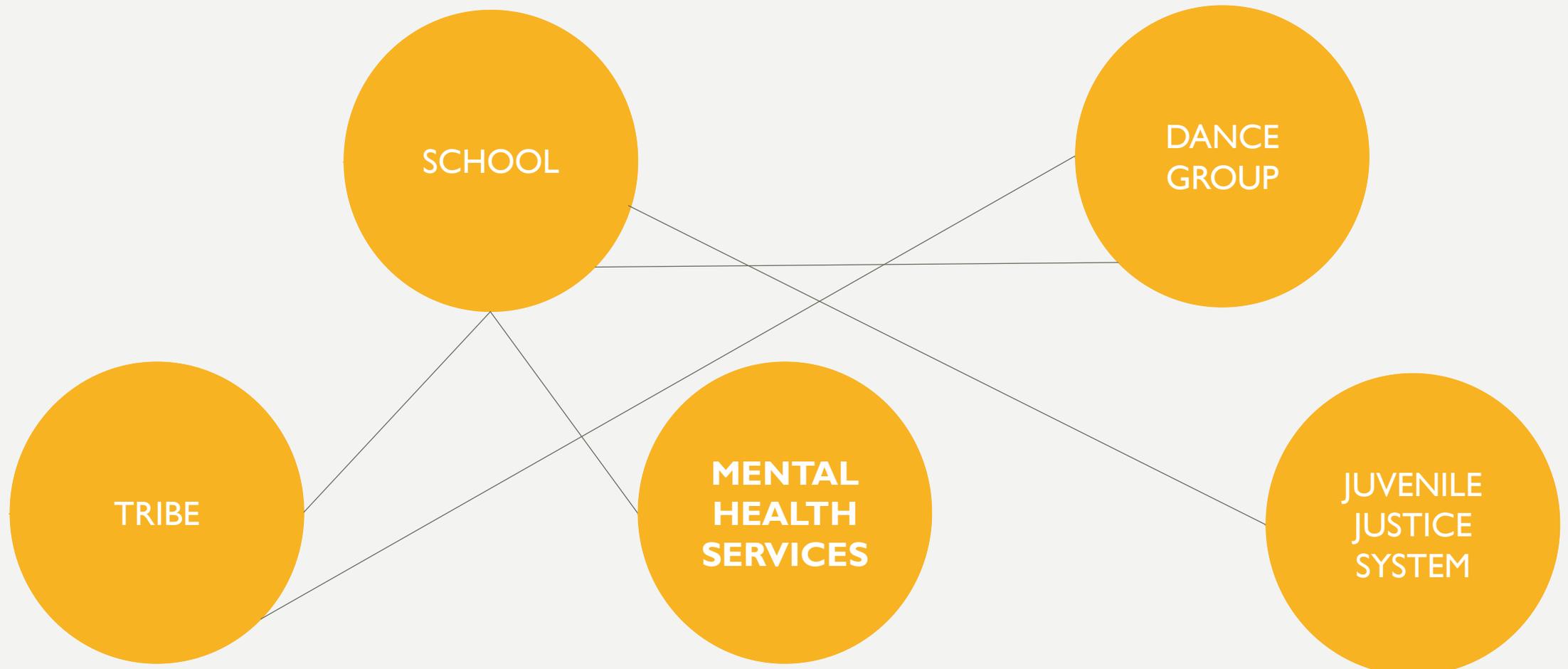
SYSTEM INTEGRATION IN HAWAII:

**FOR THE FIRST TIME, THERE ARE NO GIRLS
INCARCERATED AT HAWAII YOUTH CORRECTIONAL
FACILITY**

- <https://www.hawaiinewsnow.com/2022/06/21/first-time-there-are-no-girls-incarcerated-hawaii-youth-correctional-facility/>

HOW WELL ARE SYSTEMS INTEGRATED IN YOUR COMMUNITY TO SUPPORT MENTAL HEALTH:

- Draw a flow chart between the entities that deal with youth in your community and how/if they connect to mental health services



MENTAL HEALTH RESOURCES FOR OUR COMMUNITIES

- [Indigenous Story Studio](#): creates illustrations, posters, videos, and comic books on health and social issues for youth (Canada-based)
- [One Sky Center](#): The American Indian/Alaska Native National Resource Center for Health, Education, and Research; mission is to improve prevention and treatment of mental health and substance use problems and services among Native people
- [WeRNative](#): a comprehensive health resource for Native youth by Native youth, promoting holistic health and positive growth in local communities and nation at large
- [StrongHearts Native Helpline](#): The StrongHearts Native Helpline (**1-844-762-8483**) is a confidential and anonymous culturally-appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7 a.m. to 10 p.m. CT.

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CLOSING

