



Tribal Youth Resource Center

Developing Effective Program Processes to Support Youth Treatment in the Tribal Juvenile Healing to Wellness Court

April 29, 2021

10:00am AKT/ 11:00am PT/ 12:00pm MT/ 1:00pm CT/ 2:00pm ET

Facilitated By:

Kristina Pacheco, LADAC, Tribal Wellness Court Specialist, TLPI

Lori Vallejos, LCSW Pueblo of Laguna Behavioral Health, TLPI Consultant



Tribal Youth Resource Center

Session One: Understanding Tribal Youth Substance Use, Trends and Considering Community Factors





BEFORE WE BEGIN...

Here are some friendly housekeeping reminders

- 1 Your control panel will appear at the bottom of your user screen. (As shown below)
- 2 All attendees will be muted during the presentation.
- 3 Use the Chat box to submit a comment or question to “All Presenters” or “Presenters & Everyone”

This session will be recorded. A recording will be posted to the TYRC YouTube channel and archived on TribalYouth.org.

1



Mute



Chat



Raise Hand



Q&A

Leave

2

3



Today's Facilitators



Kristina Pacheco, LADAC, Tribal Wellness Court Specialist, Tribal Law and Policy Institute



Lori Vallejos, LCSW Pueblo of Laguna Behavioral Health, Tribal Law and Policy Institute Consultant



SESSION OBJECTIVES:



- Participants will learn the disease model of addiction and how this applies to tribal youth.
- Participants will learn the prevalence of substance use in the tribal communities, to include drugs of abuse and current drug trends in tribal communities.
- Participants will be able to identify community factors that may influence tribal youth substance use and identify resources within tribal communities that can assist with treatment & rehabilitation of those youth who are using alcohol & drugs.



MISCONCEPTIONS OF ADDICTION

- Morally Flawed/People want to be addicts
- Weak/Lack of Will Power
- Addiction only involves alcohol & drugs
- Addicts are easily identifiable
- Addiction is only caused by illegal drugs
- Once an addict, always an addict

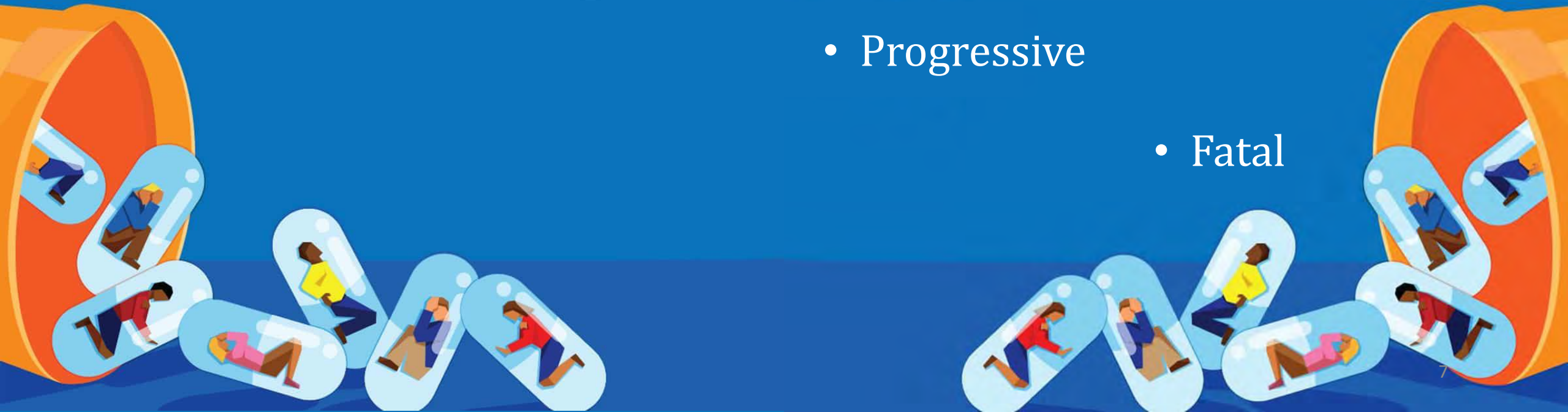


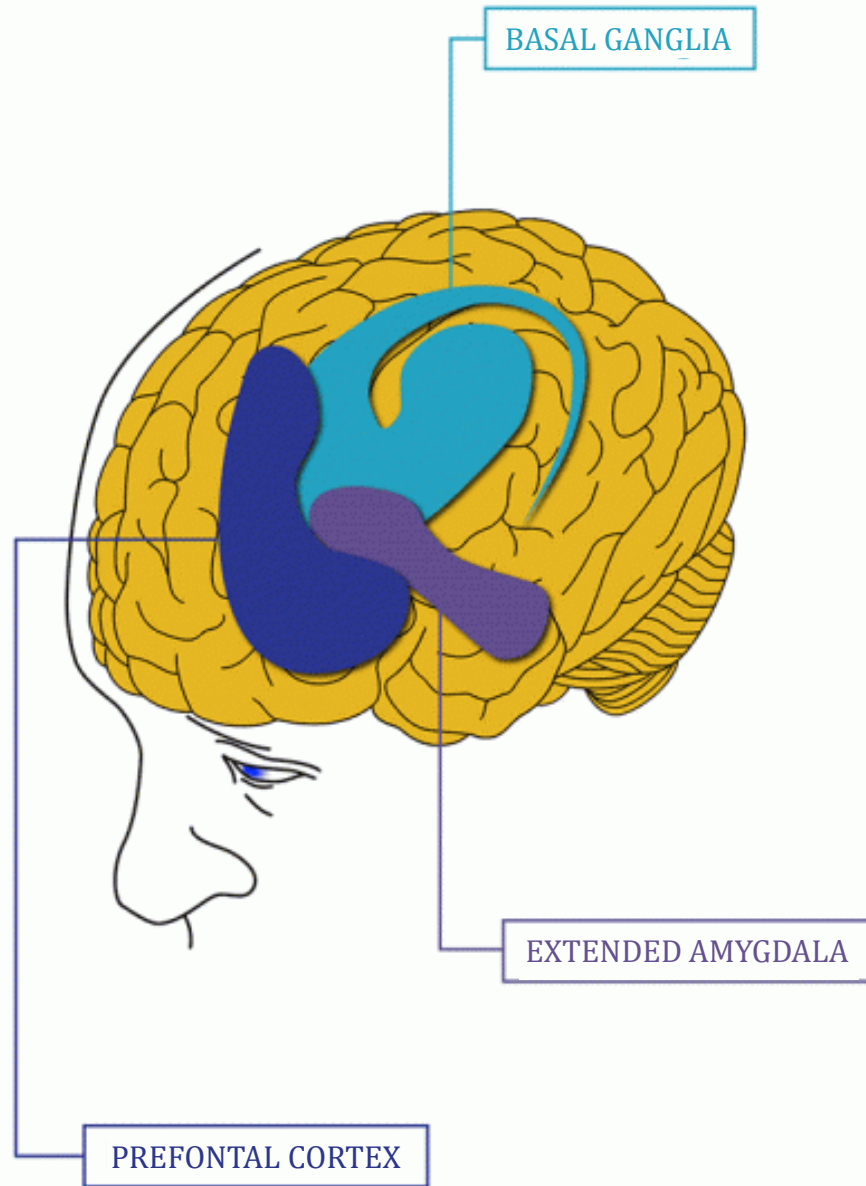
ADDICTION IS A DISEASE

- Chronic
 - Compulsive or difficult to control despite harmful consequences

- Progressive

- Fatal





Source: *Facing Addiction in America:
The Surgeon General's Report on
Alcohol, Drugs, and Health*

OTHER HEALTH CONSEQUENCES OF DRUG ADDICTION

- Medical Problems associated to use
- HIV OR STD's
- Co-Occurring Disorders
- Problems during pregnancy or while breastfeeding
- Increased risk for accidents (motor or other)



COMMUNITY FACTORS INFLUENCING USE IN TRIBAL YOUTH



Lack of Resources as alternatives to use:

- Playgrounds
- Community Centers
- Sports Complexes
- Lack of programs for Prevention
(Inadequate funding for tribal communities)



- Multigenerational Substance Use



- Historical Trauma

Resources for Tribal Youth

Family



Prevention Programs

Tradition(s)



Law Enforcement

Tribal Elders

Tribal Officials

Behavioral Health Resources



Discussion and Questions

- **What trends of substance abuse are you seeing within your community?**
- **What challenges are you experiencing?**

- **Questions?**



Thank you!



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Join us for Session 2

Case Management Models and Treatment Services to Support Juvenile Wellness Court Participants

- May 27, 2021
- 10am AKT/11am PT/12pm MT/1pm CT/2pm ET
- https://zoom.us/webinar/register/WN_SlIhRAOWSBmeTlyKFoZchA



THE TRIBAL YOUTH RESOURCE CENTER

www.TribalYouth.org



Envisioning a future
where Indigenous youth
thrive through traditional
lifeways.



The Tribal Youth Resource Center is a part of the [Tribal Law and Policy Institute](#) and is supported by Grant #2018-MU-MU-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Dept. of Justice.

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Ensuring accountability.
Empowering youth.*

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This project was supported by Grant #2018-MU-MU-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect those of the Department of Justice.