

Tribal Youth Resource Center

Developing Effective Program Processes to Support Youth Treatment in the Tribal Juvenile Healing to Wellness Court

April 29, 2021 10:00am AKT/ 11:00am PT/ 12:00pm MT/ 1:00pm CT/ 2:00pm ET

Facilitated By:

Kristina Pacheco, LADAC, Tribal Wellness Court Specialist, TLPI Lori Vallejos, LCSW Pueblo of Laguna Behavioral Health, TLPI Consultant



Tribal Youth Resource Center

Session One: Understanding Tribal Youth Substance Use, Trends and Considering Community Factors



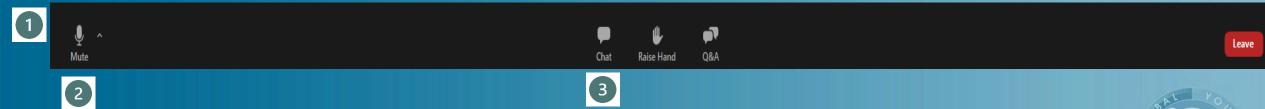


BEFORE WE BEGIN...

Here are some friendly housekeeping reminders

- Your control panel will appear at the bottom of your user screen. (As shown below)
- 2 All attendees will be muted during the presentation.
- Use the Chat box to submit a comment or question to "All Presenters" or "Presenters & Everyone"

This session will be recorded. A recording will be posted to the TYRC YouTube channel and archived on TribalYouth.org.





Today's Facilitators



Kristina Pacheco, LADAC, Tribal Wellness Court Specialist, Tribal Law and Policy Institute



Lori Vallejos, LCSW Pueblo of Laguna Behavioral Health, Tribal Law and Policy Institute Consultant





- Participants will learn the disease model of addiction and how this applies to tribal youth.
- Participants will learn the prevalence of substance use in the tribal communities, to include drugs of abuse and current drug trends in tribal communities.
- Participants will be able to identify community factors that may influence tribal youth substance use and identify resources within tribal communities that can assist with treatment & rehabilitation of those youth who are using alcohol & drugs.



MISCONCEPTIONS OF ADDICTION

- Morally Flawed/People want to be addicts
- Weak/Lack of Will Power
- Addiction only involves alcohol & drugs
- Addicts are easily identifiable
- Addiction is only caused by illegal drugs
- Once an addict, always an addict



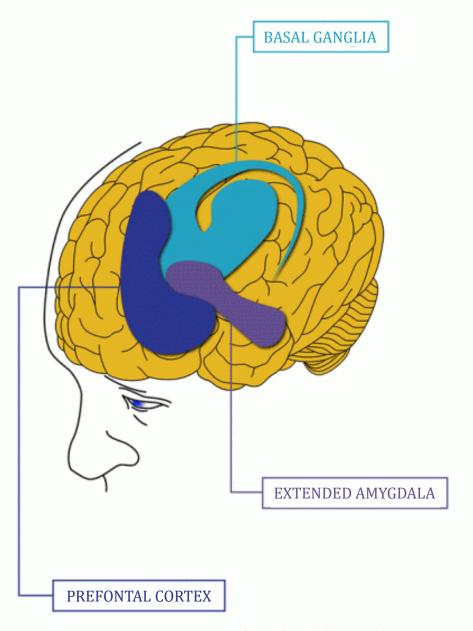
ADDICTION IS A DISEASE

• Chronic

• Compulsive or difficult to control despite harmful consequences







Source: Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health

OTHER HEALTH CONSEQUENCES OF DRUG ADDICTION

- Medical Problems associated to use
- HIV OR STD's
- Co-Occurring Disorders
- Problems during pregnancy or while breastfeeding
- Increased risk for accidents (motor or other)



DRUG TRENDS IN TRIBAL YOUTH

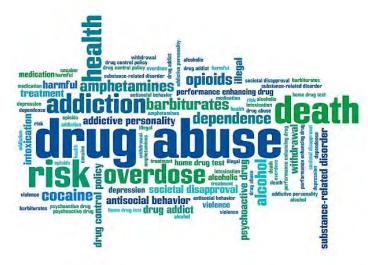
Native American Youth (Grades 8th, 10th and 12th) who lived on or near reservations were 3-5% more likely to use alcohol, tobacco, marijuana and inhalants.

Substance Use Among American Indian Youths on Reservations Compared with a National Sample of US Adolescents. Swaim, Stanley JAMA May 31, 2018

Deaths involving methamphetamines more than quadrupled among non-Hispanic American Indians and Alaska Natives from 2011-2018 (from 4.5 to 20.9 per 100,000 people) overall, with sharp increases for both men (from 5.6 to 26.4 per 100,000 from 2011-2018) and women (from 3.6 to 15.6 per 100,000 from 2012-2018) in that group.

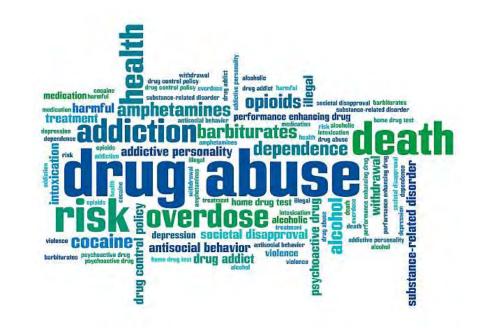
Han B, et al. Methamphetamine overdose deaths in the United States: Sex and racial/ethnic differences

JAMA Psychiatry DOI: 10.1001/jamapsychiatry.2020.4321 (2021).



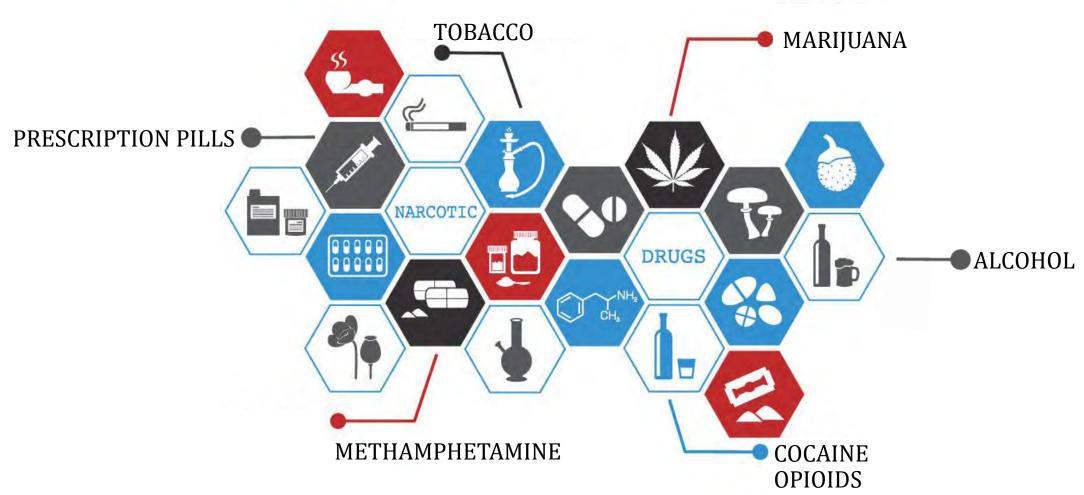
DRUG TRENDS IN TRIBAL YOUTH

From 2017 to 2019, the percentage of teenagers who said they vaped nicotine in the past 12 months roughly doubled for eights graders from 7.5% to 16.5%, for 10th graders from 15.8% to 30.7%, and for 12th graders from 18.8% to 35.3%. In 2020, the rates held steady at a respective 16.6%, 30.7%, and 34.5%. *Monitoring the Future Study 2017-2019 (NIDA funded study)*



Among eighth graders, past 12-month use of inhalants has increased from 3.8% in 2016 to 6.1% in 2020, a 64% proportional increase. *Monitoring the Future study 2017-2019 (NIDA funded study)*

DRUGS OF ABUSE IN TRIBAL COMMUNITIES



COMMUNITY FACTORS INFLUENCING USE IN TRIBAL YOUTH







Lack of Resources as alternatives to use:

- Playgrounds
- Community Centers
- Sports Complexes
- Lack of programs for Prevention (Inadequate funding for tribal communities)

Multigenerational Substance Use

Historical Trauma

Resources for Tribal Youth

Family



Prevention Programs

Tradition(s)

Tribal Elders



Law Enforcement

Tribal Officials

Behavioral Health Resources



Discussion and Questions

- What trends of substance abuse are you seeing within your community?
- What challenges are you experiencing?

Questions?



Thank you!

THE TRIBAL YOUTH RESOURCE CENTER

Our mission is to enhance the opportunities for indigenous communities to expand their potential in protecting their most sacred asset- the youth.



sacred asset- the youth.

- Kristina Pacheco LADAC, TLPI Tribal Wellness Court Specialist
- EMAIL: Kristina@TLPI.org
- Lori Vallejos LCSW, TLPI Consultant
- EMAIL: <u>LoriVallejos1@AOL.COM</u>

• Tribal Youth Resource Center-TribalYouth@TLPI.org



Join us for Session 2

Case Management Models and Treatment Services to Support Juvenile Wellness Court Participants

- May 27, 2021
- 10am AKT/11am PT/12pm MT/1pm CT/2pm ET
- https://zoom.us/webinar/register/WN_SIIhRAOWSB meTlyKFoZchA

THE TRIBAL YOUTH RESOURCE CENTER

www.TribalYouth.org













Envisioning a future where Indigenous youth thrive through traditional lifeways.



The Tribal Youth Resource Center is a part of the <u>Tribal Law and Policy Institute</u> and is supported by Grant #2018-MU-MU-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Dept. of Justice.



Enhancing safety.
Ensuring accountability.
Empowering youth.

www.OJJDP.gov



This project was supported by Grant #2018-MU-MU-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect those of the Department of Justice.