

#### **Tribal Youth Resource Center**

# Developing Effective Program Processes to Support Youth Treatment in the Tribal Juvenile Healing to Wellness Court

Session Two: Case Management Models and Treatment Services to Support Juvenile Healing to Wellness Court Participants

May 27, 2021

10:00am AKT/ 11:00am PT/ 12:00pm MT/ 1:00pm CT/ 2:00pm ET

**Facilitated By:** 

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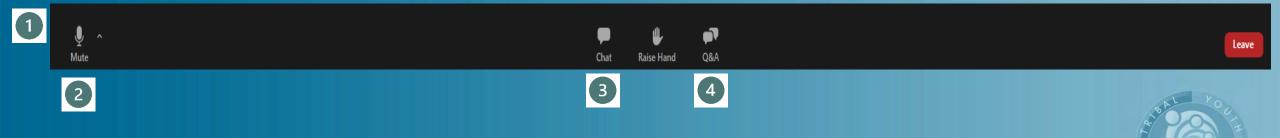


#### BEFORE WE BEGIN...

Here are some friendly housekeeping reminders

- 1 Your control panel will appear at the bottom of your user screen. (As shown below)
- 2 All attendees will be muted during the presentation.
- Use the Chat box to submit a comment to "All Presenters" or "Presenters & Everyone"
- If you have a question, please type it in the Q&A box.

Please complete a workshop session evaluation following today's session.





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# Session II: Case Management Models and Treatment Services to Support Juvenile Wellness Court Participants

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Kristina Pacheco, LADAC, Tribal Law and Policy Institute Wellness Specialist Session One Recap



Lori Vallejos, LCSW, Pueblo of Laguna Behavioral Health, TLPI Consultant

### Session Objectives

- Participants will survey case management models and consider issues such as communication, confidentiality and reporting.
- Participants will consider how treatment services operate in coordination of components of the youth's individual case plan.
- Participants will engage in dialogue regarding community resources that may support overall JHWC services and operations.

#### Healing to Wellness Court Team

Judge, Prosecutor, defense counsel, treatment, probation, law enforcement, social services, community leaders, traditional healers, case management, coordinator, education liaison, housing representative, vocational training

■ Roles may be shared by the same person

### Confidentiality

- Court coordinators and wellness court teams should adhere to all applicable confidentiality laws. Consider all Tribal and Federal laws of applicability.
  - Section 42 C.F.R of the U.S. Code requires that substance abuse treatment providers maintain the confidentiality of all participants in substance abuse treatment programs. Participants in state drug courts and tribal Wellness Courts are required to execute limited waivers of these confidentiality requirements to permit specifically designated individuals e.g., those on the Wellness Court "Team" to receive information about their progress in treatment.
  - Consent for Treatment
- Treatment may share what is "necessary"- and team should protect information from unauthorized persons (Id.) and acquire all necessary consents to release information.
  - Releases of Information
- Preservation of confidentiality- contributes to court integrity, participant honestly, and trust.

#### Models of Case Management

- Strength-Based Perspective
- Broker/Generalist
- Assertive Community Treatment
- Clinical/Rehabilitation

## Why is Adolescent Treatment different than Adult Treatment?

- ► Adults diagnosed with Substance Use Disorder based on the DSM-5.
- Adults have a noticeable presence, severity and progression of Substance Use Disorder based on the 11 criteria.
- American Society of Addiction Medicine (ASAM) gives us criteria on placement and level of care.

# Why is Adolescent Treatment different then Adult Treatment?

- The difference between adults and adolescents using the DSM-5:
  - Adolescents, because of their age; more likely to engage in risky behavior
  - Adolescents may move quicker from experimentation to tolerance\*
  - Adults usually experience withdrawal symptoms after years of abuse. Less likely for adolescents, even after heavy use\*
  - Cravings as defined by adolescents should be scrutinized.
     Also, consider the social context in which drug of choice is being used

#### Treatment Differences

 Treatment responses such as residential, intensive outpatient, outpatient, group, etc. are generally the same for adults and adolescents.

#### ■ The difference is:

- Adult focus of recovery is; employment, financial stability, community engagement, duration of use, intensity of use, parenthood, relationships with significant other, family
- Adolescent focus on recovery; educational engagement, positive family influences and interactions, positive peer influences, pro-social activities
- Deeper dive into substance abuse during adolescence; concerns about possible trauma, onset of mental health issues, suicide

### Why Evidence-Based Treatment

- We're all on the same page
- Proven Effective
- Training in modality
- Using Culture as Enhancement

#### Treatment: Behavioral Approaches

- Group therapy
- Cognitive Behavioral Therapy (CBT)
- Contingency Management
- Motivational Enhancement Therapy (MET)
- Twelve Step Facilitation Therapy
- Dialectical Behavioral Therapy
- **EMRD**

#### Treatment: Family Based Approaches

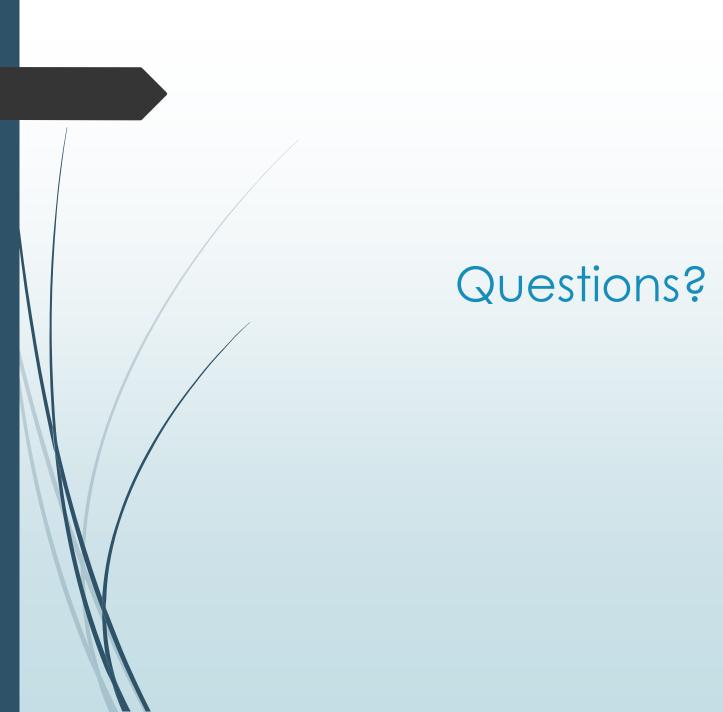
- Brief Strategic Family Therapy (BSFT)
- ► Family Behavior Therapy (FBT)
- ► Functional Family Therapy (FFT)
- → Multisystemic Therapy (MST)

### Treatment: Recovery Services

- Assertive Continuing Care (ACC)
- Peer Recovery Support Services
- Alumni groups

#### Family Involvement

- Family Therapy
- Court Attendance
- ► Family Accountability
- Additional services to individual family members, if needed



## Thank you!

#### THE TRIBAL YOUTH RESOURCE CENTER

Our mission is to enhance the opportunities for indigenous communities to expand their potential in protecting their most sacred asset- the youth.



www.TribalYouth.org

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