



Re-Evaluating the Presence of Culture in Your Juvenile Healing to Wellness Court

2023 Online Learning Event
March 16th, 2023



Tribal Youth Resource Center
www.TribalYouth.org

▶ BEFORE WE GET STARTED...

This project was supported by Grant #15PJDP-21-GK-04048-MUMU awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice.

The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect those of the Department of Justice.

Opening



Tribal Youth Resource Center
www.TribalYouth.org

▶ OUR GUESTS



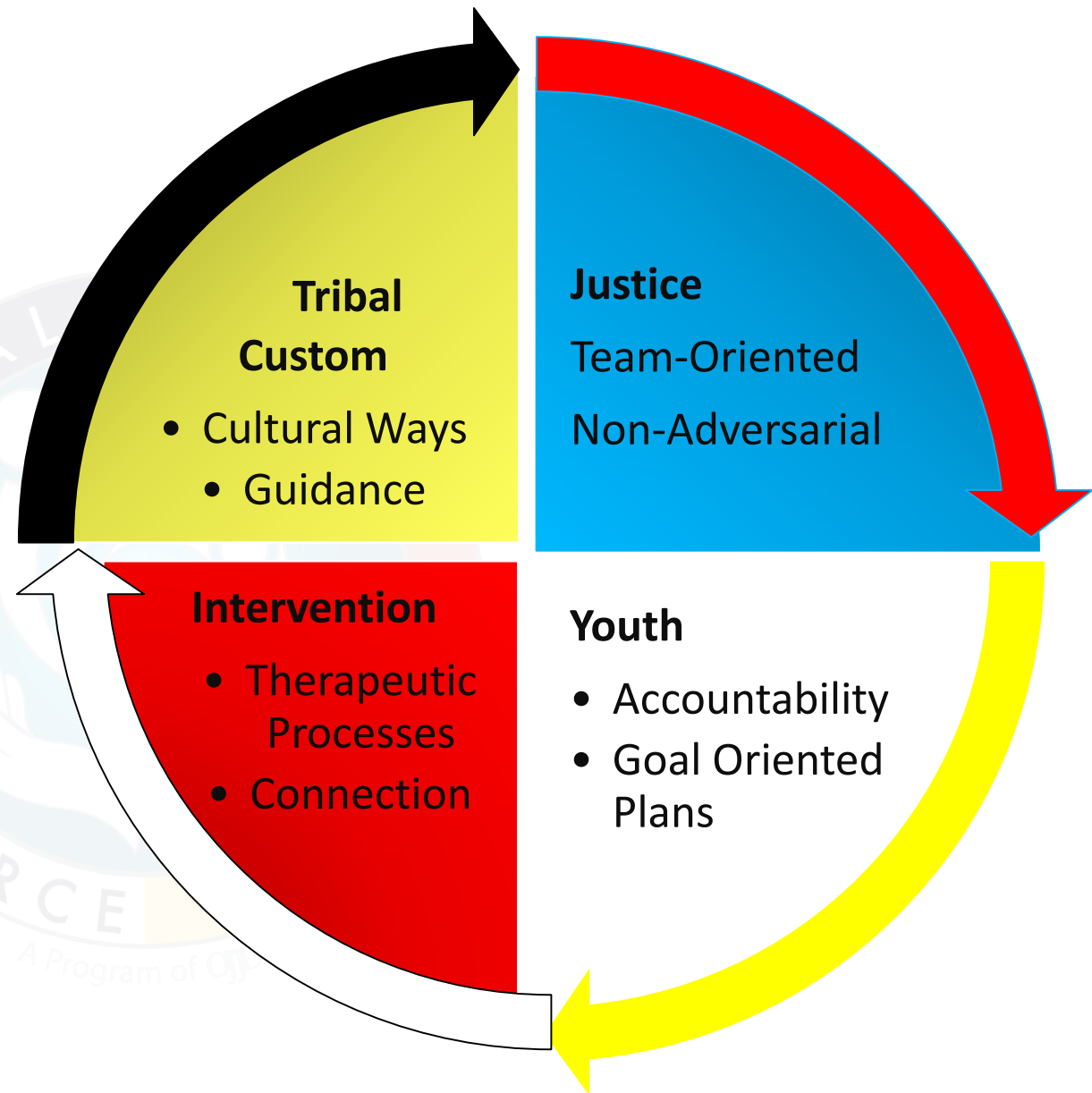
Dave McArthur
White Earth Nation



Erin Thin Elk
Tribal Youth Resource
Center Consultant

Healing to Wellness Courts

- ❖ Enhance the capacity
- ❖ Provide services that are:
 - ❖ Comprehensive
 - ❖ Developmentally appropriate
 - ❖ Community-based
 - ❖ Culturally-appropriate



Juvenile Healing to Wellness Court Team

Team-based Case Management

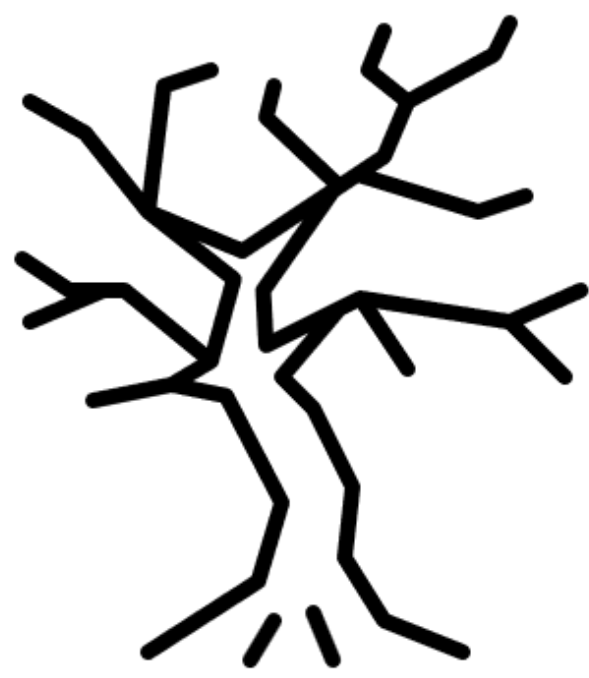
- ✦ Judge/Court Leader
- ✦ Coordinator/Case Manager
- ✦ Legal Counsel
- ✦ Supervision
- ✦ Treatment Representative

Juvenile Considerations:

- ✦ Family/Social Services
- ✦ Education
- ✦ Elders/Culture
- ✦ Community Members

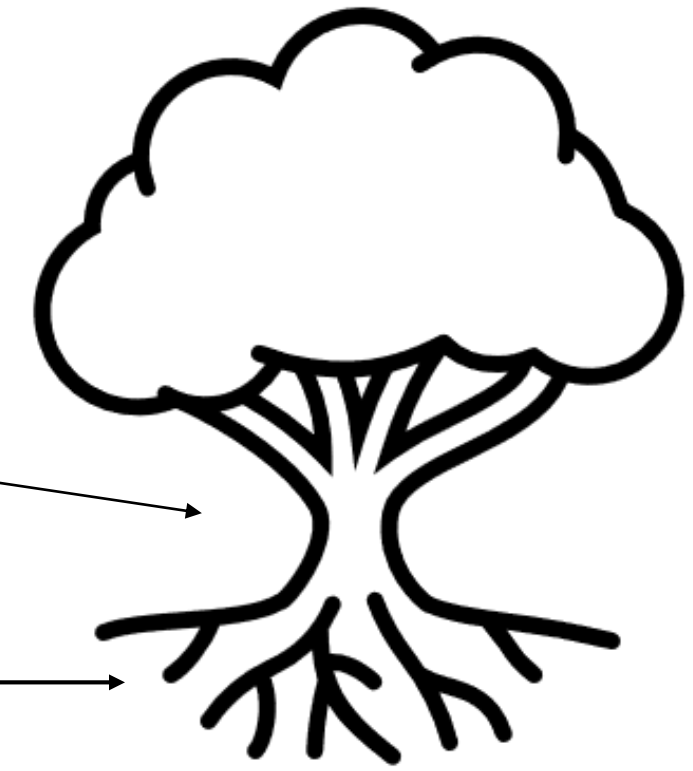


▶ WESTERN AND INDIGENOUS



Risk, Harm, Disease, Illness,
Termination, Juvenile

Strengths
Protective Factors
Resiliency
Roots of Strength
Roots of Trauma



Health, Healing, Wellness,
Strengths, Resiliency,
Relationships, Relative



Emotional

Environmental

Financial

SAMHSA 8 DIMENSIONS OF WELLNESS..

Social

Intellectual

Physical

Spiritual

Occupational



<https://store.samhsa.gov/sites/default/files/d7/priv/sma16-4958.pdf>



▶ JHWC AND 8 DIMENSIONS OF WELLNESS

How are JHWC addressing the 8 dimensions of wellness?

PHYSICAL

- Screening
- Assessment
- Referral to medical provider
- Physical health screening

EMOTIONAL

- Behavioral/Mental Health
- Spiritual/Cultural
- Mentorship
- Support of Team

INTELLECTUAL

- Education support/Planning
- Curriculum Implementation
- Activities that spur intellectual development
- School support/tutoring

SOCIAL

- Pro-social activities
- Inclusion in community/cultural events
- Relationships with Family and Peers

▶ JHWC AND 8 DIMENSIONS OF WELLNESS

How are JHWC addressing the 8 dimensions of wellness?

SPIRITUAL

- Spiritual Plan Development
- Inclusion as desired in cultural/spiritual support

OCCUPATIONAL

- Job Prep
- Job Skills

FINANCIAL

- Supporting financial literacy

ENVIRONMENTAL

- Supporting a peaceful, safe home environment.

▶ Honoring Sovereignty

- ❖ Nation and Individual.
- ❖ Culture is Prevention.
- ❖ Culture is Intervention.
- ❖ Culture is Recovery and Healing.



Medicine Wheel: Honoring our Teachings



BALANCING EMOTIONAL,
PHYSICAL, SPIRITUAL, MENTAL

▶ CLOSING THOUGHTS



Dave McArthur
White Earth Nation



Erin Thin Elk
Tribal Youth Resource
Center Consultant



Thank you



Tribal Youth Resource Center
www.TribalYouth.org