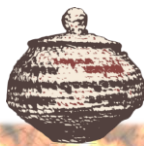


Key Components of a Tribal Youth Program

CTAS Orientation- PA9 Break Out Session

**Palm Springs, California
December 7, 2016**

**The mission of
The Resource Basket TTA Center is to help
rural Alaska communities support
healthy, resilient and culturally-
connected Alaska Native Youth.**



**Funded by the Office of Juvenile Justice
and Delinquency Prevention**



Focusing on the Positive

**Shifting from seeing youth as
*"Problems to Fix"***

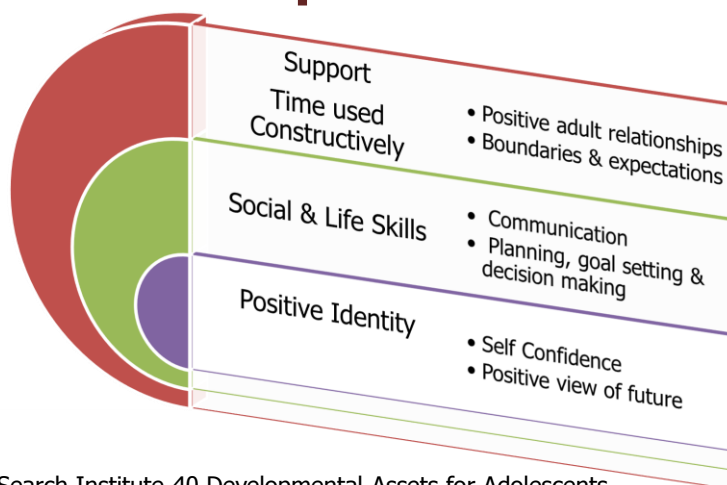
to:

**Community Resources
to Develop, Future Leaders and
Culture Bearers**

Shifting the Focus

Negative Focus	Positive Focus
Problems <i>What's wrong with you?</i>	Potential, Interests <i>What's happened to you?</i> <i>What interests you?</i>
Risk Factors	Protective Factors & Resiliency
Deficits	Assets
Hardships	Positive Youth Development
Past	Future: how to move forward

Developmental Assets



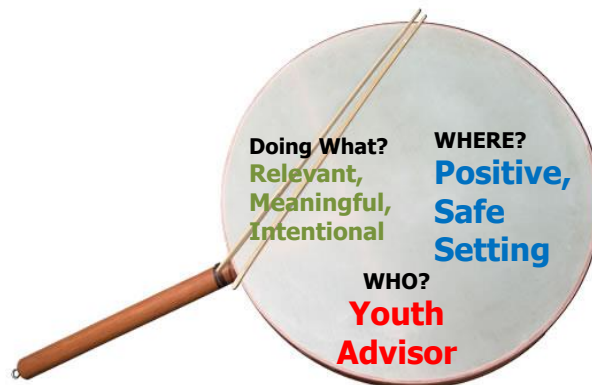
Search Institute-40 Developmental Assets for Adolescents

Asset Building: Three Questions

Beating around the drum to make it a positive experience for youth

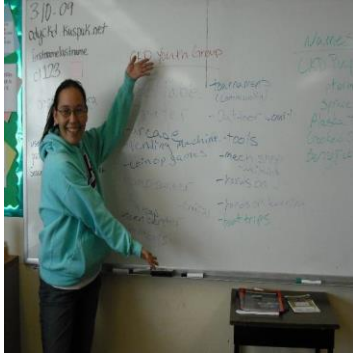


Youth Development Principles



What makes it a positive experience?
How do you establish safety?

WHERE: Create a Positive Setting
Physically, Emotionally, Psychologically & Spiritually Safe and Respectful



- Program Structure with Consistent & fair rules
- Trauma-Informed and Safe
- High expectations
- Utilizing/Reflecting Cultural Values
- Conflict managed, promotes positive values
- Has a *family-feeling*, is a "place to belong..."

WHO: Someone Who Connects with Youth

Focus: Supportive & Trusting Relationships

QUALITIES:

- Keeps a sense of humor
- Relates to youth culture
- Using positive communication
- A Guide not a dictator!
- Challenge as needed



WHAT: Increase Meaningful Engagement



Activities reflect background and **Culture**

Intentional Learning and experiences that build *new skills & critical thinking:*

- Subsistence/Culture
- Life Skills
- Social/Emotional Skills

Invite the Community into youth activities

Meaningful Engagement includes *Moving – Creating – Building*

Support & encourage emerging talents/skills

Work together to tackle important issues

Youth Voice:

Youth can be powerful and effective messengers. *Prepare & empower them!*
Give them choices.



Increase Meaningful Engagement

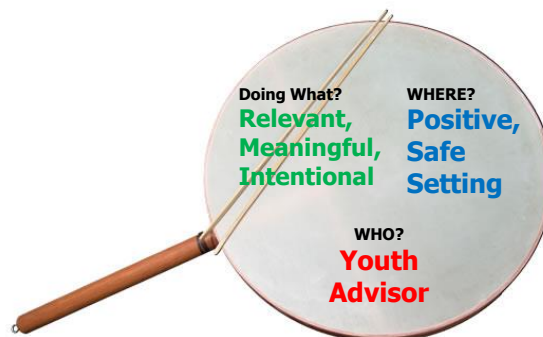


Youth advisor's job:

- Listen, listen, listen!
What's important to them?
- Support the youth, to plan, implement and evaluate their own projects & activities!
- Encourage projects that help the community

TIP: Don't do the planning for them.
Let them make mistakes, that's how we all learn!

Activity: *Think-Pair-Share*
What beat does a Tribal Youth-Empowered program drum to?



Which beat do you think is most important? Why?

Summary of Key Components

- Advisory Group/Stakeholder Input and Guidance
- Elder & Culture Bearer Involvement
- Youth-Led with Youth-Adult Partnerships/Mentors
- Culturally informed
- Trauma informed
- Strengths-based
- Planning for sustainability throughout
- Clear Evaluation & quality improvement processes built in
- Community Engagement, volunteers
- Increasing Protective Factors (Culture as a Protective Factor)
- Increasing Development Assets (Internal and External)
- Honoring and Allowing for Youth Voice and Leadership
- Skill building and Challenge
- Recognition

***The Resource Basket at the Rural Alaska
Community Action Program, Inc.
(RurAL CAP)***

***Gathering and Sharing for Alaska Native
Youth Success***



The
**Resource
Basket**

Amy Gorn (800) 478-7227, ext. 7360

Email: resoucebasket@ruralcap.com

www.resourcebasket.org